

# HHS/BHRS/Marin Prevention Network, Young Adult Services Project & West Marin Coalition For Healthy Youth

Supporting Youth and Young Adults in West Marin:  
2018 Needs Assessment Results



Behavioral Health and  
Recovery Services



# WEST MARIN COLLABORATORS FOR THE COMMUNITY CAFÉS / NEEDS ASSESSMENT

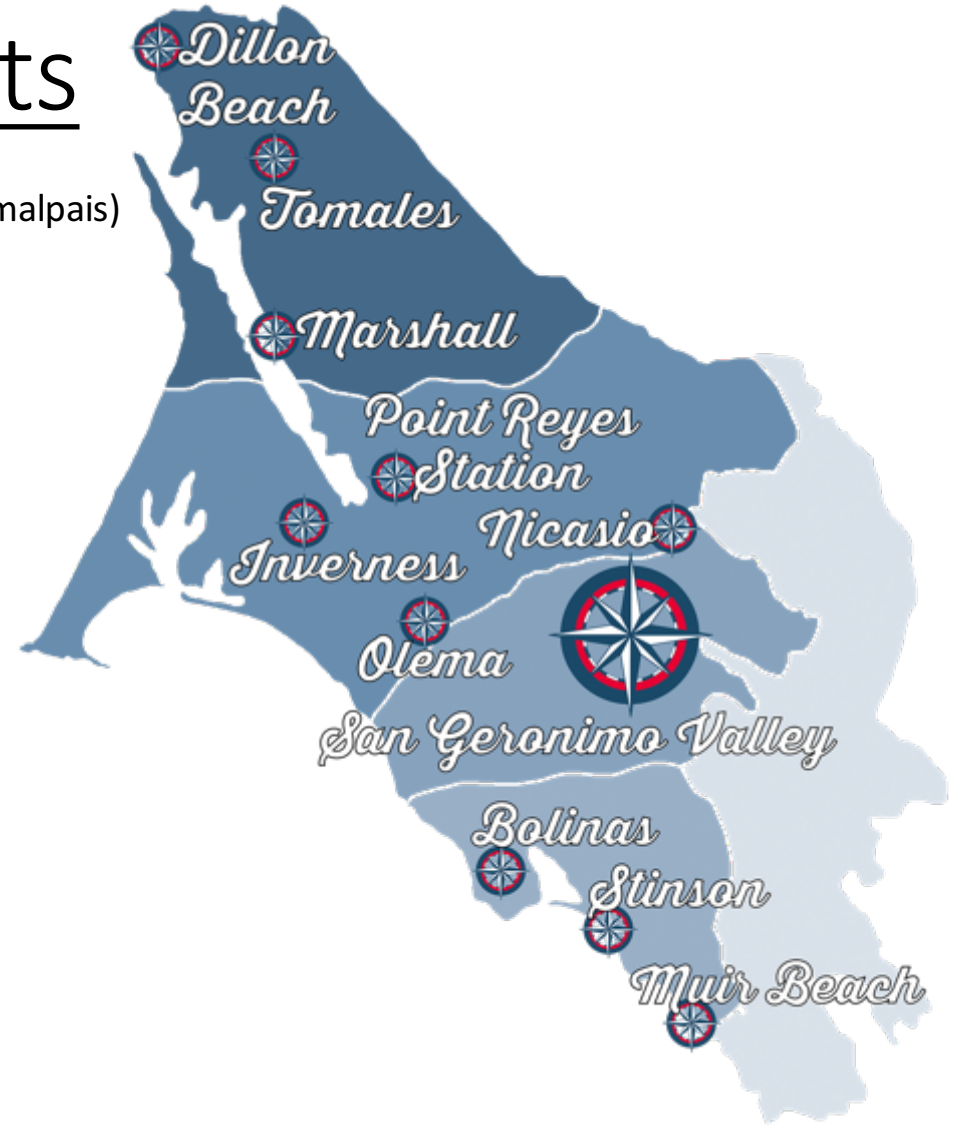
- HHS
  - Promote & protect health, well-being, safety, & self-sufficiency.
- MARIN PREVENTION NETWORK (MPN)
  - Change community norms, policies, and laws that affect the availability, promotion, sale, and use of alcohol and other drugs to create a community environment that promotes healthy choices and reduces risk.
- WEST MARIN COALITION FOR HEALTHY YOUTH (WMCHY)
  - Reduce the underage use of alcohol, tobacco and other drugs in West Marin
- WEST MARIN YOUNG ADULT SERVICES PROJECT
  - Supporting un/underserved TAY in West Marin to increase access to, quality of, range of, and cultural competency of services available to TAY; Increasing the number Of TAY receiving services and achieving positive behavioral health outcomes.
- SAN GERONIMO VALLEY COMMUNITY CENTER (SGVCC)
  - Fiscal Agent for WMCHY and Young Adult Services Project

# West Marin Community Cafés / Needs Assessment

- Four Community Cafés took place between January and April 2018
  - San Geronimo Valley (75-Participants)
  - Point Reyes Station (100-Participants)
  - Tomales (35-Participants)
  - Bolinas/Stinson Beach (37-Participants)

# Community Café Participants

- West Marin School Districts (Lagunitas, Nicasio, Shoreline, Bolinas/Stinson/Tamalpais)
- Regional Substance Use Prevention Organizations and Coalitions
- Law Enforcement/Probation
- West Marin Libraries
- County Parks and Open Space
- West Marin Media Outlets
- West Marin Health & Human Services Organizations
- Community-Based Organizations
- Religious and Fraternal Organizations
- West Marin Youth Centers and Youth-Serving organizations
- West Marin Businesses
- West Marin Treatment Centers
- Federal, State and County Government Agencies
- Civic and Volunteer Groups
- Local Community Residents including Families, Youth and Young Adults



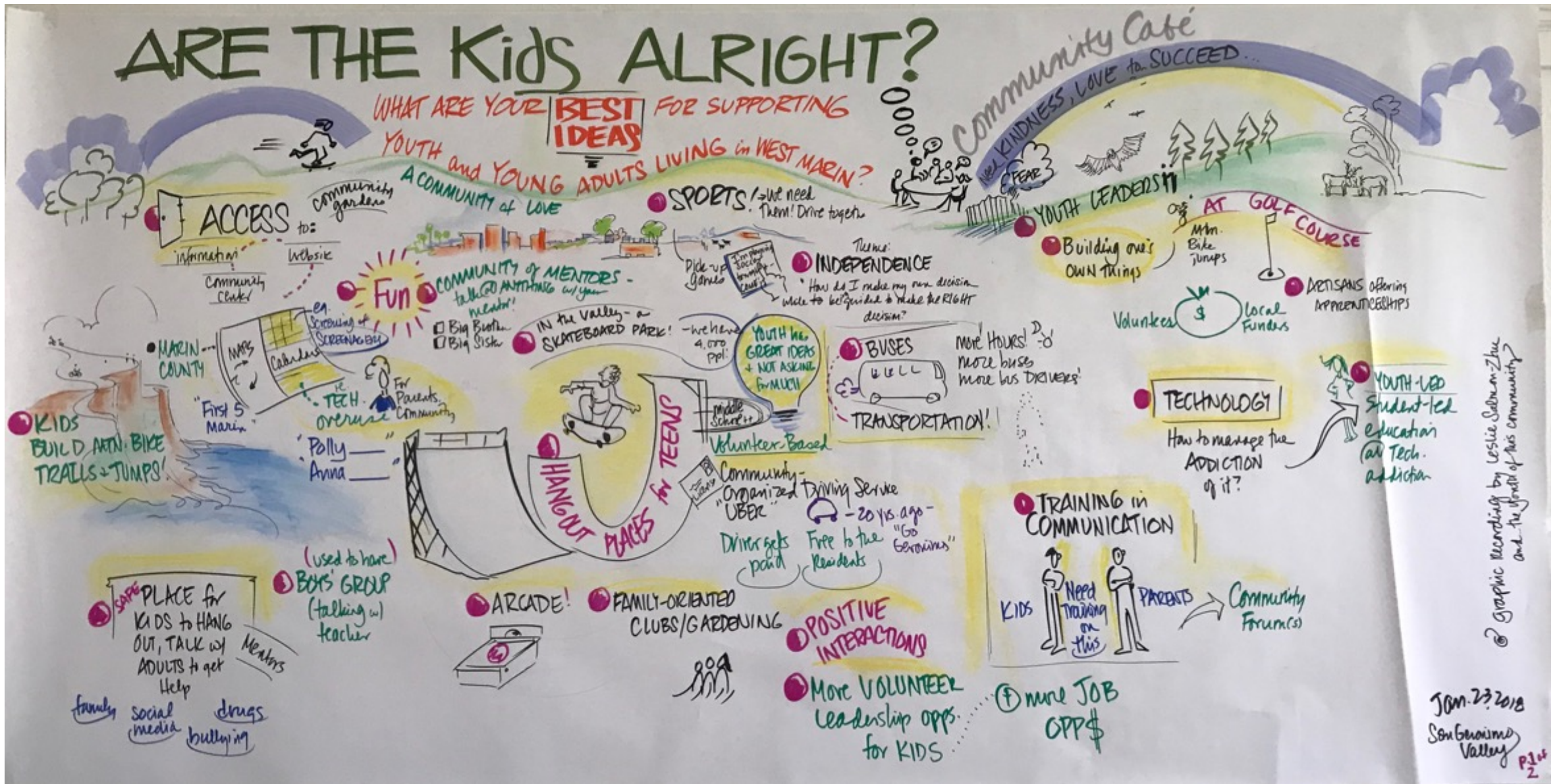
# Guiding Question and the Purpose of the Community Cafés

**Guiding Question:** What are your best ideas for supporting Youth and Young Adults living in West Marin?

**Purpose:**

- Obtain an understanding of ways to reduce risk factors and increase protective factors for youth, young adults and families living in West Marin.
- Increase resiliency of youth, young adults and families in the each of the four geographic areas of West Marin.
- Increase equitable access to each of the four geographic areas of West Marin by developing a community based system of delivery that is supported by sector partners.

# San Geronimo Valley - Community Café 1



# Point Reyes Station - Community Café 2



# Tomales and Dillon Beach- Community Café 3



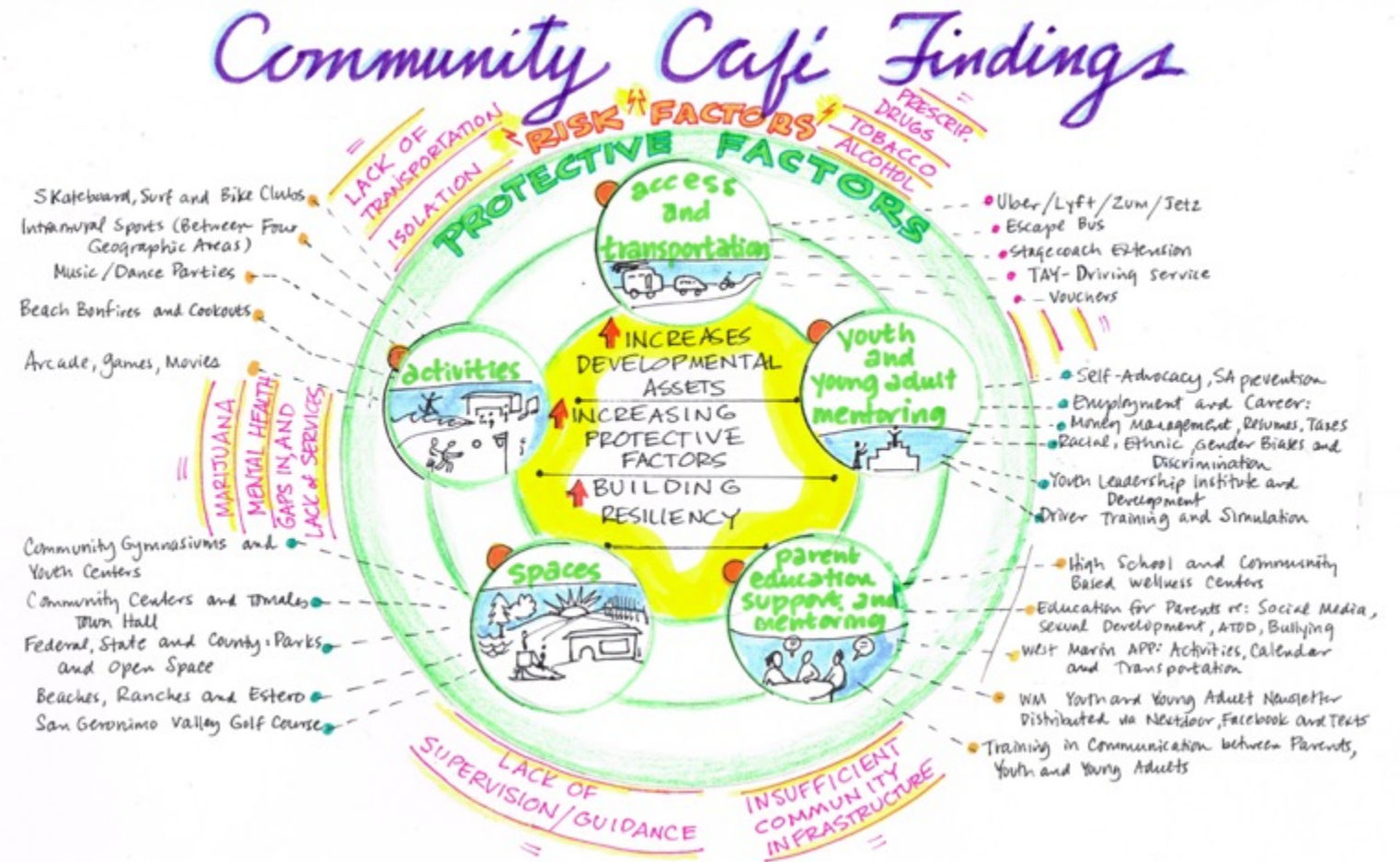


# Bolinas/Stinson- Community Café 4



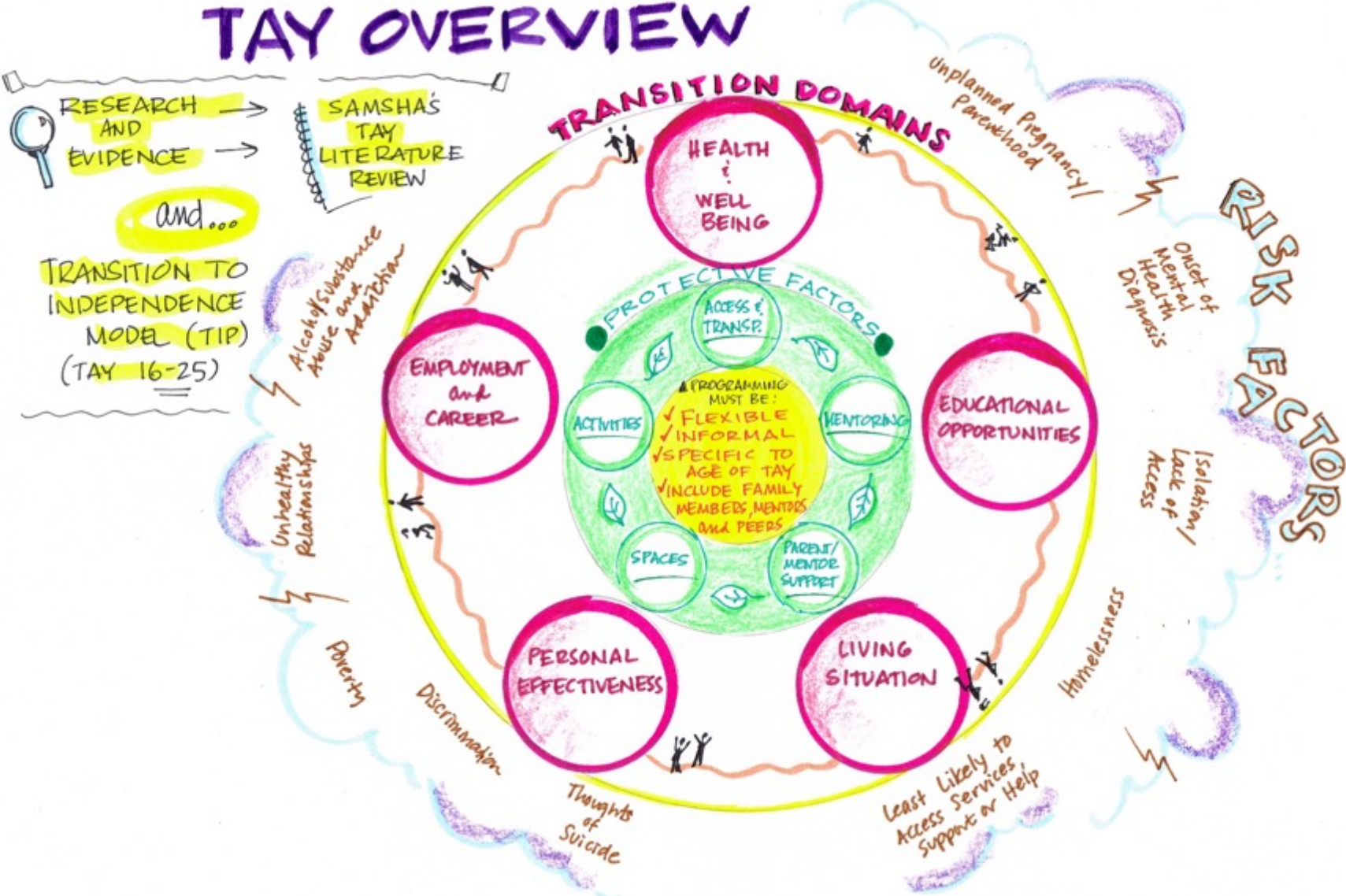
# Needs Assessments' Findings

- Increase access and transportation among regions.
- Increase mentoring opportunities.
- Increase parent education, support and networking.
- Increase indoor/outdoor spaces for youth and young adults to spend time together.
- Increase coordinated youth and young adult activities across all regions.



# Growing Roots: The Young Adult Services Project

## West Marin 16-25 yr Transition Age Youth



# Next Steps and Programming

- Assessment complete.
- Capacity building of the WMCHY & larger West Marin district.
- Youth, young adults and families will have increased access to resources and opportunities which will be shared more equitably across all West Marin regions by sector partner programs and the MPN.
- Two activities with sector partners in each of the four regions in West Marin in 2018/19.
- Increase collaboration between each of the the four communities to decrease isolation and build stronger relationships.
- Increase flexible transportation options among all four regions of West Marin.

